



Daniela Ryf



Birthday / home town	29 May 1987 / Feldbrunnen/SO, Switzerland
Nickname	Angry Bird
Motto	Success does not mean winning everything but making the best of every situation.
Website	www.danielaryf.ch
Disciplines	Since 2014 Daniela Ryf is competing triathlon in long distance (ironman), beforehand she competed middle and Olympic distance.
Team and Coach	Bahrain Endurance, Brett Sutton (AUS)
Career highlights	3x Ironman World champion Hawaii 4x Ironman 70.3 World champion 2x Ironman 70.3 European champion 2x European champion 2015 Swiss sports personality of the year 2015 winner Triple Crown
Season 2018	1 st place Ironman 70.3 Rapperswil 1 st place Ironman European Championships Frankfurt 1 st place Ironman 5150 Zurich 1 st place Ironman 70.3 Gdynia (new world record) 1 st place Ironman 70.3 World championships South Africa
Season 2017	1 st place Ironman World Championship Hawaii 1 st place Ironman 70.3 World Championship Chattanooga 1 st place Allgäu Triathlon 1 st place 5150 Zurich 1 st place Challenge Roth 1 st place Ironman 70.3 Rapperswil 1 st place Ironman South Africa 1 st place Ironman 70.3 Dubai
Sponsors	Red Bull Erdgas Felt Bicycles Mercedes DT Swiss 2XU Asics Breitling Dar-Vida