



Daniela Ryf



Birthday / home town	29 May 1987 / Feldbrunnen/SO, Switzerland
Nickname	Angry Bird
Motto	Success does not mean winning everything but making the best of every situation.
Website	www.danielaryf.ch
Disciplines	Since 2014 Daniela Ryf is competing triathlon in long distance (ironman), beforehand she competed middle and Olympic distance.
Team and Coach	Bahrain Endurance, Brett Sutton (AUS)
Career highlights	<p>4x Ironman World champion Hawaii 4x Ironman 70.3 World champion 2x Ironman 70.3 European champion 2x Ironman European champion 2018 and 2015 Swiss sports personality of the year 2015 Winner Triple Crown</p>
Saison 2019	<p>1st place Ironman 70.3. Oceanside, California (race record)</p> <p>Season planning: 2 June: 70.3 Ironman, Rapperswil-Jona 7 July: Ironman Austria, Klagenfurt (AUT) 7 September: 70.3 Ironman-WM, Nizza (FRA) 12 October: Ironman Hawaii, Kona (USA)</p>
Season 2018	<p>1st place Ironman World Championship Hawaii (new race record) 1st place Ironman 70.3 World Championship South Africa 1st place Ironman 70.3 Gdynia (new world record) 1st place Ironman 5150 Zurich 1st place Ironman European Championship Frankfurt 1st place Ironman 70.3 Rapperswil</p>
Sponsors	<p>RedBull Mercedes Benz Breitling gazenergie Felt Bicycles Asics DT Swiss / Swisside Nutriathletic Scatta Dar-Vida</p>